



Adult Care Jargon Buster

| Acronym | Words | Meaning |
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| ASC | Adult Social Care | Adult social services within the Redcar and Cleveland Borough. |
| ADASS | Association of Directors of Adult Social Services | The Association of Directors of Adult Social Services (ADASS) is a charity representing directors of adult social services in England and is a leading body on social care issues. |
| ADL | Activities of Daily Living | The activities of daily living (ADLs) is a term used to collectively describe fundamental skills required to independently care for oneself, such as eating, bathing, and mobility. |
| AMHP | Approved Mental Health Professional | A mental health professional who has been approved by social services to work within the legal framework of the Mental Health Act 2007. The AMHP will complete an assessment under the Mental Health Act to decide if an adult needs to be admitted or detained in hospital. |
| AOB | Any Other Business | Anything else you want to talk about at the end of the meeting. |
| APIM | Adult Practice Improvement Meeting | A meeting of team managers and service managers from Adult Care to review evidence-based practice to ensure continuous improvements in care provided to adults in the Redcar Borough. |
| ASYE | Assessed and Supported Year in Employment | The assessed and supported year in employment (ASYE) is a programme that gives newly qualified social workers extra support during their first year of employment. |
| ATM | Assistant Team Manager | The Assistant Team Manager is responsible for supporting the Team Manager with the general management of a team of care staff and will deputise in the Team Manager's absence. This may include direct care to the student/resident along with supporting, coaching and managing a team of Senior/Support Workers. |
| BIA | Best Interest Assessor | In undertaking their assessment, the best interest assessor is required to consider the views of anyone named by the person as someone to be consulted, anyone engaged in caring for the person, anyone interested in the person's welfare, or anyone who has Lasting Power of Attorney for the person. |
| BILD | British Institute for Learning Disabilities | The British Institute of Learning Disabilities is an organisation which works to improve the lives of people in the UK with a learning disability. |



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| CA | Care Act | The Care Act aims to ensure the wellbeing of people in need of care and support services. It also aims to bring about the personalisation of care services, putting the person at the centre of the process. Under the Act, anyone who a local council thinks might need care and support is entitled to a needs assessment, which must be provided free of charge. The assessment is usually carried out by a social worker, or sometimes an occupational therapist, and results in a care and support plan being drafted. The plan should, where possible, be produced with the input and agreement of the person needing care. |
| CCG | Clinical Commissioning Group | Clinical commissioning groups (CCGs) were established as part of the Health and Social Care Act in 2012 and replaced Primary Care Trusts on 1 April 2013. |
| CHC | Continuing Healthcare | Continuing healthcare funding is free healthcare provided by the NHS which can be provided in a variety of settings outside hospital, such as in your own home or in a care home. |
| CMHT | Community Mental Health Team | Community Mental Health Teams are able to help support and treat you for severe and complex mental health difficulties, referring you onto other services where appropriate. |
| COVID-19 | Coronavirus | A contagious disease. The main symptoms of coronavirus (COVID-19) are a high temperature, a new, continuous cough and a loss or change to your sense of smell or taste. It spread quickly worldwide in 2019 resulting in the COVID-19 pandemic. |
| CQC | Care Quality Commission | The independent regulator of health and social care in England. They ensure health and social care services provide people with safe, effective, compassionate, high-quality care and we encourage care services to improve. |
| CT | Carers Together | Carers Together offer friendly and confidential services that aim to ease the pressure of caring. The team of staff and volunteers are on hand to help carers with any issues they may face, including benefits, health problems, housing, training, employment, taking a break from caring or concerns about the person they care for. |
| DAS | Dementia Adviser Service | The dementia adviser makes it easier for people with dementia to self-manage, live more independently and seek out the right support at the right time. |
| DFG | Disabled Facilities Grant | A grant from the council to pay for essential housing adaptations to assist a disabled person. |



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| DHSC | Department of Health & Social Care | A government body who sets the strategy to help UK adults to live independently and have healthier lives for longer. They oversee the health and social care system within England. |
| DLA | Disability Living Allowance | Disability Living Allowance (DLA) has been replaced by Personal Independence Payment (PIP) for disabled people. |
| DN | District Nurse | a nurse who visits and treats patients in their homes, operating in a specific area or in association with a particular general practice surgery or health centre. |
| DoLS | Deprivation of Liberty Safeguarding | The Deprivation of Liberty Safeguards is the procedure prescribed in law when it is necessary to deprive a resident or patient of their liberty who lacks capacity to consent to their care and treatment in order to keep them safe from harm. |
| DP | Direct Payments | Payments paid directly to adults so that they can organise and pay for the services that they need, rather than use the services the council offers. This gives you much more flexibility and control of your support package. |
| DP1 | Direct Payment Agreement with Direct Payment Recipient | A direct payment agreement for an adult with capacity to sign and confirm the rules outlined within the agreement. |
| DP2 | Direct Payment Agreement with an Authorised Person | A direct payment agreement for an authorised person acting on behalf of an adult who has been assessed as lacking mental capacity to make decisions about their care. |
| DPA | Deferred Payment Agreement | An agreement with the Council that allows you to use the value of your home to help pay towards the cost for your residential or nursing home care. |
| DST | Decision Support Tool | The Decision Support Tool used in NHS continuing healthcare funding decisions – is a document which helps to record evidence of an individual's care needs to determine if they qualify for continuing healthcare funding. |
| DWP | Department of Work and Pensions | This is responsible for welfare, pensions, and child maintenance policy. |
| EDT | Emergency Duty Team | A social services team that responds to out-of-hours referrals where intervention from the council is required to protect a child or adult with care and support needs, and where it would not be safe, appropriate or lawful to delay that intervention to the next working day. |



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| EMI | Elderly Mentally Infirm | A nursing home for adults who have dementia including Alzheimer's. |
| EPA | Enduring Power of Attorney | Having an EPA in place gives you the comfort of knowing that if something does happen to you, someone you trust has the legal authority to make the decisions that need to be made. |
| FA1 | Receipt of Financial Assessment Form | A Receipt of Financial Assessment Form. |
| FA2 | Financial Assessment Form | If assessed as requiring care and support, the financial assessment form should be completed to determine if you have to pay for your care or if you will be entitled to assistance. |
| HI | Hearing Impaired | The term "hearing impaired" is often used to describe people with any degree of hearing loss, from mild to profound, including those who are deaf and those who are hard of hearing. |
| ICB | Integrated Care Board | The part of the local Integrated Care System with responsibility for NHS functions and budgets. This includes NHS Continuing Healthcare. ICB's have replaced Clinical Commissioning Groups, with effect from 1 July 2022. |
| ICLs | Intensive Community Liaison Service | Provides services for people aged over 65 and over with severe or acute mental ill health (a functional mental health illness or a degenerative organic illness). |
| LA | Local Authority | A council service to people and businesses within the borough. This covers social care, housing, planning waste collection, registrar, licensing, and environmental health. |
| LD | Learning Disability | An adult with reduced intellectual ability and difficulty with everyday activities. |
| LFT | Lateral Flow Test | Lateral flow is an established technology, adapted to detect proteins (antigens) that are present when a person has COVID-19. The best-known example of a lateral flow test is the home pregnancy test kit. The test kit is a hand-held device with an absorbent pad at one end and a reading window at the other. |
| LGSCO | Local Government & Social Care Ombudsman | If a person has made a complaint against a public body using their Complaints Process and does not feel a resolution has been found they have the right to ask for an independent review by the Local Government & Social Care Ombudsman. |



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| LPA | Lasting Power of Attorney | A legal document that enables an adult (who has mental capacity) to appoint another adult to make decisions on their behalf for health and welfare and/or property and financial affairs. |
| MCA | Mental Capacity Act | Law to help adults (over 16) who lack capacity to make decisions about their care and treatment. |
| MFFD | Medically Fit for Discharge | Medically Fit for Discharge is described as the point at which care, and assessment can safely be continued in a non-acute setting. |
| MH | Mental Health | Emotional, psychological, and social wellbeing affecting how we think, feel, and act. |
| MSP | Making Safeguarding Personal | Making safeguarding personal means it should be person-led and outcome-focused. It engages the Adult in a conversation about how best to respond to their safeguarding situation in a way that enhances involvement, choice and control as well as improving quality of life, wellbeing and safety. |
| NHS | National Health Service | Government funded medical and health services for people in the UK. |
| NHSE | National Health Service England | A public body of the Department of Health and Social Care to support the NHS to deliver improved care for adults by working in partnership with frontline with health and care staff, patients, and their families. |
| OP | Older People | Generally, someone aged over 65 years of age. |
| OPMH | Older Peoples Mental Health | Mental Health support for those typically aged over 65. |
| OT | Occupational Therapist | An OT treat injured, ill, or disabled patients through the therapeutic use of everyday activities. They help patients develop, recover, improve, as well as maintain the skills needed for daily living and working. |
| PA | Personal Assistant | An assistant employed by the service through a direct payment. |
| PALS | Patient Advice and Liaison Service | AN NHS service to provide confidential advice, support, and information on health matters for patients and their families. |
| PB | Personal Budget | The amount of money you are given for your care. This is similar to an Individual Budget but is only made up of funding for social care. |
| PC | Personal Care | Personal care means anything done for you that's of a personal nature. This may include personal hygiene – bathing, showering, hair washing, shaving, oral hygiene and nail care. continence management – toileting, catheter/stoma care, skin care, incontinence laundry and bed changing. |



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| PD | Physical Disability | A physical and/or mental impairment that has an impact and long-term effect on your ability to do every tasks. |
| PIN | People's Information Network | The Peoples Information Network (PIN) is where you can Pinpoint all services, activities and events in Redcar and Cleveland. |
| PIP | Personal Independence Payment | This is a benefit for people aged between 16 and 64 who, because of a long-term illness or disability, may need help with daily activities or getting around. |
| POC | Package of Care | A combination of services put together to meet a person's assessed needs as part of a care plan. |
| PRN | Pro Re Nata (As Needed) | In medical terminology, it is often abbreviated PRN or P.R.N. and refers to the administration of prescribed medication as the situation calls for it. |
| PSW | Principal Social Worker | An advanced practitioner to lead, oversee, support, and develop excellent social work practice, implement standards, to facilitate professional development of social workers, to ensure ethical decision making and lead on learning from best practice. |
| QA | Quality Assurance | A desired level or standard of service throughout each stage of a process. |
| RCBC | Redcar and Cleveland Borough Council | Local authority covering Redcar, Brotton, Guisborough, the Greater Eston part of Middlesbrough, Loftus, Saltburn and Skelton. |
| SAR | Safeguarding Adult Review | A multi-agency review process to establish if actions could have been done differently to prevent harm in the future. |
| SALT | Speech & Language Therapist | A Speech and Language Therapist is a practitioner who supports adults where there are concerns with the management of disorders of speech, language, communication and swallowing. |



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| SBS/STP | Short Break Stay / Short Term Placement | Short breaks provide opportunities people to spend time away from their primary carers. These include day, evening, overnight or weekend activities and take place in their own home, the home of an approved carer, a residential or community setting. |
| SCO | Social Care Officer | Social Care Officers organise care and support for older people (aged 65 or over), people with a learning disability, physical disability, having difficulty with their hearing or sight, mental health problems and young people and adults who care for relatives or friends. |
| SCP | Serious Concerns Protocol | A protocol to be applied by the local authority when there are serious safeguarding risks about a service provided for adults. |
| SDM | Safeguarding Decision Making | The decision-making guidance to support completing an adult safeguarding referral. |
| SG | Safeguarding | Safeguarding means protecting a person's right to live in safety, free from abuse and neglect. |
| SI | Sensory Impairment | Sensory impairment is when one of your senses; sight, hearing, smell, touch, taste, and spatial awareness, is no longer functioning normally. |
| SMT | Senior Management Team | Team consisting of Assistant Director, Service Managers and Principal Social Worker who plan and direct the work of staff working in Adult Care. |
| SPA/SPOA | Single Point of Access | A single route of referral and enquiry for a whole range of local services offered by either health or social care. |
| SW | Social Worker | Social workers are professionals who aim to enhance overall well-being and help meet basic and complex needs of communities and people. |
| SSD | Social Services Department | Social Services is a government-led organisation that aims to protect the wellbeing of vulnerable adults. You can find the department that serves your area from your Local Authority. |
| TA | Trusted Assessor | A Trusted Assessor carries out assessments of hospital patients on behalf of care homes, who need to consider what the patient's needs are and whether they would be able to meet those needs. |
| TATI | Team Around the Individual | The focus of the Team Around the Individual approach is to improve communication, coordination and interagency risk management with adults carers and their families where inter agency planning forums have not made sufficient progress to reduce risk and secure improved outcomes. |



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| TCES | Tees Community Equipment Service | TCES loans out equipment and medical aids to assist people with daily living. This helps older and disabled people to live more independently and for longer in their own homes. |
| TOC | Transfer of Care | This relates to the Transfer of Care Hub. A physical base where hospital discharges are facilitated from. Our Hospital Social Workers and other professionals from health and social care are based there. |
| TM | Team Manager | Team managers oversee the activities and productivity of employees on their team. They keep operations flowing by ensuring employees carry out instructions and perform at their best levels. |
| TSAB | Tees Safeguarding Adults Board | Statutory body working across the four local boroughs (Hartlepool, Middlesbrough, Redcar & Cleveland, and Stockton) to protect and promote an adults right to live in safety, free from abuse and neglect. |
| VI | Visual Impairment | Visual impairment is the term used to describe a loss of sight that cannot be corrected using glasses or contact lenses. |

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