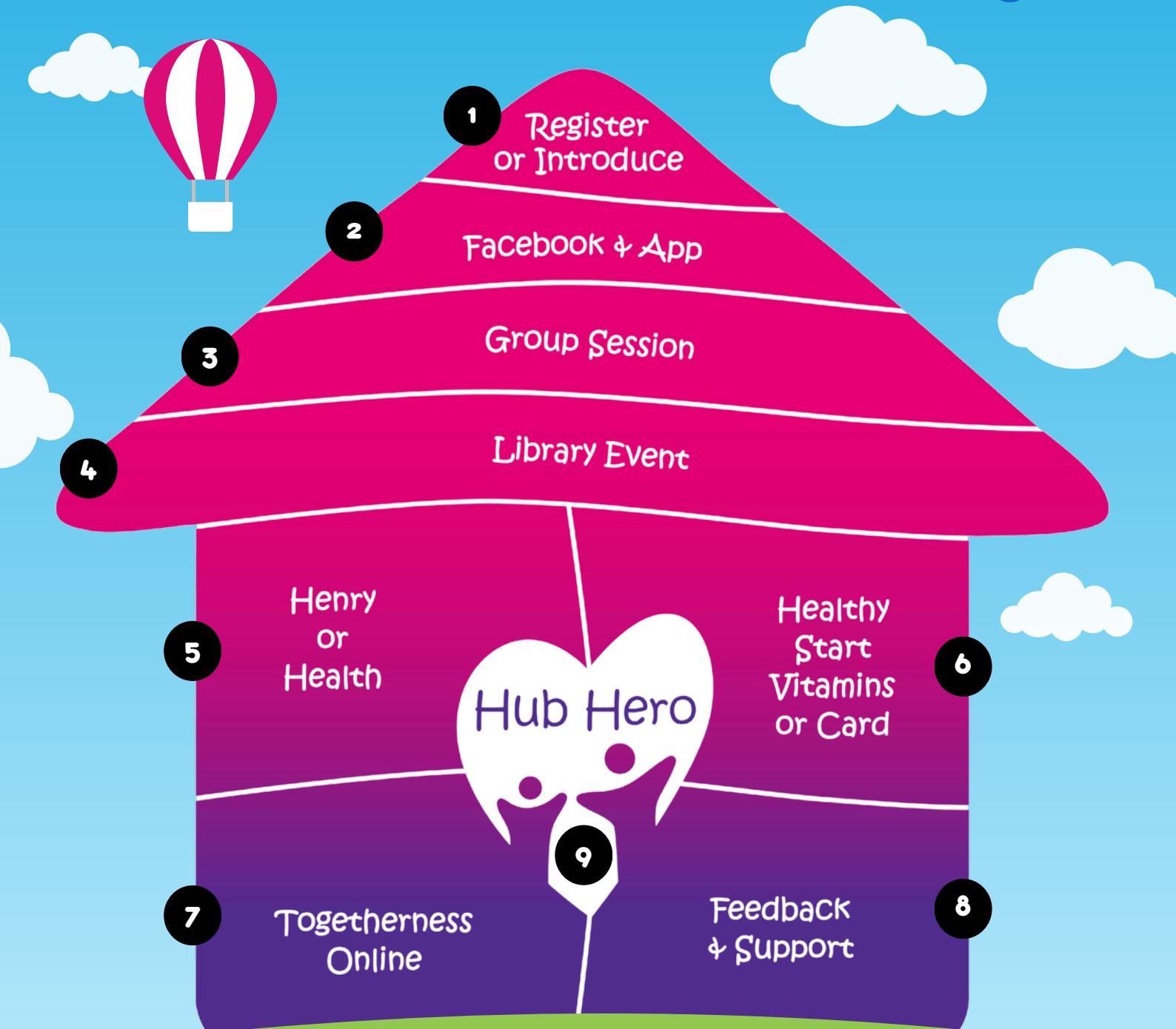


# Take the Family Hub Challenge!



# Complete tasks to collect stars!

Collect from your local Family Hub or Library

1

Choose a Family Hub and register, or if you already are registered – introduce someone who isn't



2

Follow 'Redcar & Cleveland Family Hubs' on Facebook. On your app store search 'Redcar and Cleveland Family Hubs' download and register

3

Participate in a group session, either Baby Buddies, Little Explorers or Wellbeing Walk at a Family Hub of your choice



4

Join the library or attend a library activity such as 'Books with Linda'

5

Book onto a HENRY Workshop or attend a Health Visitor Drop-in



6

Ask a Family Hub Assistant about Healthy Start Vitamins, and/or collect a Healthy Start Card

7

Register and start any Togetherness online course, visit: [www.inourplace.co.uk](http://www.inourplace.co.uk), enter the code 'lemon top' to access range of courses



8

Complete a feedback card, available at all Family Hubs, and let us know your thoughts especially if there is anything else you would like to see at a hub

9

Help shape the future of Family Hubs across Redcar & Cleveland, join the Parent & Carer Panel. Attend a minimum of one meeting in-person or online



**Have you collected all 9 stars?  
Enter your details for the prize draws**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Winners  
choose  
from

- Hot-air balloon ride • Bungee jump • Spa-day
- Drive a super car • Plus many more...