

## **Corporate Team Building Days**

Looking for something fun to do with your team?

Redcar and Cleveland's Countryside Ranger Team manage over 280km of footpaths and 12 woodland sites across the borough and we are always looking for help. We can offer you a fun and challenging day out with a chance to learn new skills and make a positive difference to our local countryside.

**Spending time in nature helps to improve our mental wellbeing, it helps us feel calm, uplifted and less stressed**

A **variety of tasks** are available with dates to be agreed. Groups will be provided with a task supervisor, gloves and tools. No experience is necessary just lots of enthusiasm.

Some **tasks will involve** lifting and kneeling and most tasks require a good level of general health and fitness. Occasionally there may be a short walk to site. All work is outdoors with limited access to facilities.

**Participants should wear** old clothes and dress for the weather. Stout boots are recommended. They should bring a drink and lunch.

**The day will be relaxed and fun** with lots of opportunities to chat and participants will have the opportunity to make a positive difference in the local countryside whilst learning new skills.

### **Winter tasks, October – February 2024**

**Improving local footpaths** – step building and vegetation management. Groups of between 6-15 are invited to help improve local paths in variety of tasks from clearing vegetation, building steps or surfacing paths. Available across a variety of locations

**Woodland Management** – improving local woodlands. Groups of between 6-30 are invited to help us manage local woodlands, picking up a variety of small tasks from managing invasive plants and shrubs, building habitat piles or installing interpretation to cutting back along access tracks

**Hedge laying** - Groups of between 3-8 are invited to help lay hedges. Hedge laying is a traditional method of managing hedgerows to keep them healthy and full to maintain important wildlife corridors and food and shelter for wildlife. Jan- March only

And much more!

**For more information** or to book please contact -

Naomi Green, Countryside Team [naomi.green@redcar-cleveland.gov.uk](mailto:naomi.green@redcar-cleveland.gov.uk)

Countryside Team

