Calling Dads of 0-5 year olds! Come along to our Dads Group starting in January 2024!

A recent study by men's mental health campaigners found that 95% of participants agreed there should be more advocacy/support for fathers.

The Dads group will take place at the Family Hubs listed below on the following Saturdays each month from 10am - 11:30am.

> Redcar Coast Family Hub Rainbow Lane TS10 1RR 01642 776030 **2nd Saturday of each month**

Grangetown Family Hub Grange Farm Road Grangetown TS6 7HP 01642 770810 **3rd Saturday of each** month

Guisborough Family Hub, Park Lane Guisborough TS14 6NT 01642 495357 **4th Saturday of each month**

contactusfamilyhub@redcar-cleveland.gov.uk



