



Redcar and Cleveland's Short Breaks Self-Referral Clubs Brochure

For Children and Young People aged 5 years and over who have additional support needs and or disabilities

1st April 2023 – 31st March 2024



SHORT BREAKS CLUB INFORMATION

Eligibility	<p>The clubs are available for Redcar and Cleveland Children and Young People who have additional support needs and or a disability. These clubs are self-referral, families do not need a social worker referral or diagnosis to access the sessions.</p> <p>The clubs enable children and young people to create new friendships, to take part in new experiences and have fun doing positive activities. As children and young people will be cared for while accessing the clubs this enables parent carers to have a necessary and valuable break from their caring responsibilities, a chance to rest and unwind and spend time with other members of the family.</p>
Age range	<p>The clubs are available for children and young people aged 5 years up to their 18th birthday.</p> <p><u>Babies up to 5 years</u></p> <p>The Short Breaks Team have a separate activities leaflet for this age range, please visit the Short Breaks webpage (details in the contact section) to obtain a copy.</p> <p><u>Young People 18-25 years</u></p> <p>The clubs will support young people and their families to sign post to Adult social activities ahead of turning 18. In exceptional circumstances, young people may be able to continue attending the clubs beyond their 18th birthday. A request by the club will need to be made to the Local Authority to request this. The Short Breaks Team also have a clubs and social opportunities leaflet for young people aged 18+, please visit the Short Breaks webpage (details in the contact section) to obtain a copy.</p>
Types of Clubs	<p>After School Clubs which run during term time</p> <p>Weekend Clubs</p> <p>Holiday Clubs which run during the school holidays</p>
Club Providers	<p>Redcar and Cleveland's Short Breaks Team commission and fund specially selected providers to deliver Short Break Clubs. The current club providers are:</p> <ul style="list-style-type: none">• Join Us Page 4 - 5• Join Us 1:1 Page 6 - 7• MAIN Page 8 - 11• Sport Works Page 12• The Junction Page 13
Staff Training	<p>As a minimum, staff working in our clubs will have the following training:</p> <ul style="list-style-type: none">• Medication administration• Epilepsy training• First aid• Children's safeguarding training• Equality and diversity training• Autism training <p>In addition to the minimum training above each provider will have their own mandatory staff training for these sessions. If a child or young person</p>

	requires specific training to support their needs, please discuss with the club provider or Redcar and Cleveland's Short Breaks Team.
Staffing ratios	Staffing in clubs ranges from 1 member of staff supporting 4 children up to 1 to 1 support. The staffing ratios for each club will be outlined in the club information section.
Induction/visits	<p>If unsure which club would be suitable, families are welcome to arrange visits with the clubs. Please contact the individual clubs to arrange.</p> <p>Children and young people and parents can often be nervous and anxious about attending a new club – this is completely understandable. The clubs will support parents and children until they feel comfortable being left at the sessions.</p>
Assessments/ care plans	Each club will undertake an assessment to create an individualised care plan. Parents should ensure any changes in care or support needs are shared with the club leader as soon as possible.
Children attending with their own PA/Worker	Some children and young people will have their own dedicated Personal Assistant or Direct Payment Worker which has been allocated via a Social Care Assessment. If a child/young person would prefer to attend the clubs with their own worker, either for a short induction period or as their regular support at the sessions this is permitted, however, suitability of the club would still need to be assessed by the club leader and parents.
Transport	<p>For the majority of clubs, parents are required to take children to and from the sessions.</p> <p>If a child or young person would be unable to attend a club due to lack of transport, the Local Authority may be able to provide support with this. Each case will be assessed on an individual basis. Families should discuss requirements with the club.</p>
Sibling Offer	A number of the clubs will provide regular or dedicated sessions where siblings, who do not have a disability and are of a similar age can also attend the clubs. Please contact individual clubs about their sibling offer.
Concerns about a club	We expect the clubs and groups to be a positive experience for families, however, if you do have any concerns or feedback about a club, these should initially be discussed with the club. If you feel this is not appropriate or have already done this, please feel free to contact the Short Breaks Team Shortbreaks@redcar-cleveland.gov.uk or ring 07966 232668
Contact details	<p>Contact details for the clubs are outlined in their sections of the brochure. Contact details for Redcar and Cleveland's Short Breaks Team:</p> <p>shortbreaks@redcar-cleveland.gov.uk</p> <p>07966 232668</p> <p>https://www.redcar-cleveland.gov.uk/children-and-families-services/short-breaks-for-carers</p>
Last brochure update	20/10/2023



Join Us

Club Name:	Join Us Plus (Term Time)
Club Overview:	Youth group sessions for young people aged 13+ offering a wide range of young person led activities which can include board games, X-Box/Wii, Chill Out Space, Music Making, Lego, Arts & Crafts, pool, table football, table tennis, outdoor games/sports, visits in the local community, cooking & baking, messy play and group projects.
Age Range:	13 years +
When:	Tuesdays during term time 6:00pm – 8:00pm Fridays during term time 6:00pm – 8:00pm
Venue:	25k Youth Centre, Ayton Drive, Redcar, TS10 4LR
Staffing ratios:	1:3/1:4
Personal care support available:	Yes
Hoist and change facilities available:	Yes
Snacks and drinks:	Children and young people are welcome to bring their own snacks and drinks
Session cost:	50p
How to book:	Please call or email
Contact details:	Terry Colley 07825 228053 joinusshortbreaks@redcar-cleveland.gov.uk Facebook: Join-Us & Join-Us Short Breaks

Club Name:	Join Us (Term Time)
Club Overview:	Youth group sessions for young people aged 10+ offering a wide range of young person led activities which can include board games, X-Box/Wii, Chill Out Space, Music Making, Lego, Arts & Crafts, pool, table football, table tennis, outdoor games/sports, visits in the local community, cooking & baking, messy play and group projects.
Age Range:	9 – 16 years
When:	Thursdays during term time, 4:30pm – 6:30pm
Venue:	25k Youth Centre, Ayton Drive, Redcar, TS10 4LR
Staffing ratios:	1:3/1:4
Personal care support available:	Yes
Hoist and change facilities available:	Yes
Snacks and drinks:	Children and young people are welcome to bring their own snacks and drinks
Session cost:	50p
How to book:	Please call or email
Contact details:	Terry Colley 07825 228053 joinusshortbreaks@redcar-cleveland.gov.uk Facebook: Join-Us & Join-Us Short Breaks



Join Us

Club Name:	Join Us (Holidays)
Club Overview:	Holiday activity sessions for young people aged 5-18 offering a wide range of young person led activities which can include board games, X-Box/Wii, Chill Out Space, Music Making, Lego, Arts & Crafts, pool, table football, table tennis, outdoor games/sports, visits in the local community, cooking & baking, messy & sensory play and seasonal crafts/activities.
Age Range:	5 years up to 18 years
When and where:	All sessions are 10:00am – 3:00pm during the school holidays Wednesdays at Youth Centre, Laurence Jackson School, Guisborough, TS14 6RD Thursdays at California Youth Centre, Guisborough Street, Eston, TS6 9LA Fridays at 25k Youth Centre, Ayton Drive, Redcar, TS10 4LR
Staffing ratios:	1:3/1:4
Personal care support available:	Yes
Hoist and change facilities available:	Yes
Snacks and drinks:	Children and young people are welcome to bring their own snacks and drinks. A packed lunch is required in the holidays.
Session cost:	£5
How to book:	Bookings to be made via Eventbrite, details will be shared on the facebook page and via the Short Breaks Mailing List approximately 4 weeks before the holidays
Contact details:	Emily Ahern 07970 420007 Lisa Stockell 07813343949 joinusshortbreaks@redcar-cleveland.gov.uk Facebook: Join-Us & Join-Us Short Breaks

Join Us Sibling Offer:	We have a universal youth service offer that is available to young people aged 9-19 years of age. For further details families can contact Neighbourhood Youth Officers: Lee Waters (West of the Borough) 01642 455435, Hellen Higgs (Central) 01642 771181 and Peter Carter (East of the Borough) 01287 650480.
-------------------------------	--



Join Us 1:1

Club Name:	Join Us 1:1 (Term Time)
Club Overview:	Youth Group activity sessions for young people aged 5-18 offering a wide range of young person led activities which can include board games, X-Box/Wii, Chill Out Space, Music Making, Lego, Arts & Crafts, pool, table football, table tennis, outdoor games/sports, visits in the local community, cooking & baking, messy & sensory play play and seasonal crafts/activities.
Age Range:	5 years up to 18 years
When and where:	The time for these sessions is to be confirmed. Mondays at 25k Youth Centre, Ayton Drive, Redcar, TS10 4LR Wednesdays at Youth Centre, Laurence Jackson School, Guisborough, TS14 6RD Thursdays at California Youth Centre, Guisborough Street, Eston, TS6 9LA
Staffing ratios:	1:1
Personal care support available:	Yes
Hoist and change facilities available:	Yes
Snacks and drinks:	Children and young people are welcome to bring their own snacks and drinks.
Session cost:	50p
How to book:	Please call or email
Contact details:	Emily Ahearn 07970 420007 joinusshortbreaks@redcar-cleveland.gov.uk Facebook: Join-Us & Join-Us Short Breaks



Join Us 1:1

Club Name:	Join Us 1:1 (Holidays)
Club Overview:	Holiday activity sessions for young people aged 5-18 offering a wide range of young person led activities which can include board games, X-Box/Wii, Chill Out Space, Music Making, Lego, Arts & Crafts, pool, table football, table tennis, outdoor games/sports, visits in the local community, cooking & baking, messy & sensory play and seasonal crafts/activities.
Age Range:	5 years up to 18 years
When and where:	All sessions are 10:00am – 2:00pm during school holidays Wednesdays at California Youth Centre, Eston, TS6 9LA Thursdays at Youth Centre, Laurence Jackson School, Guisborough, TS14 6RD Fridays at Tuned In!, Majuba Road, Redcar, TS10 5BJ
Staffing ratios:	1:1
Personal care support available:	Yes
Hoist and change facilities available:	Yes
Snacks and drinks:	Children and young people are welcome to bring their own snacks and drinks, a packed lunch is required in the holidays.
Session cost:	£5
How to book:	Bookings to be made via Eventbrite, details will be shared on the facebook page and via the Short Breaks Mailing List approximately 4 weeks before the holidays
Contact details:	Emily Ahearn 07970 420007 Lisa Stockell 07813343949 joinusshortbreaks@redcar-cleveland.gov.uk Facebook: Join-Us & Join-Us Short Breaks

Join Us 1:1 Sibling Offer:	We have a universal youth service offer that is available to young people aged 9-19 years of age. For further details families can contact Neighbourhood Youth Officers: Lee Waters (West of the Borough) 01642 455435, Hellen Higgs (Central) 01642 771181 and Peter Carter (East of the Borough) 01287 650480.
-----------------------------------	--



Club:	MAIN Guisborough
Club overview:	Arts and crafts, messy play, toys and games - activities based on participants choice
Age range:	5 years up to 18 years (Club will be split into smaller groups of ability and interest)
When:	All sessions take place on a Tuesday: <u>5-11 years</u> 4:15pm – 6:15pm during term time 9:00am – 1:00pm during holidays <u>12 years up to 18 years</u> 6:30pm – 8:30pm during term time 1:30pm – 5:30pm during holidays
Where:	Prior Pursglove College, Church Walk, Guisborough, TS14 6BU
Staffing ratios:	1:4/1:3/1:2 and 1:1
Personal care support available:	Yes
Hoist and change facilities available:	Yes, however, these are not located close to the rooms that have been allocated so requirements will need to be discussed with the club.
Snacks and drinks:	We provide juice and snacks throughout the session and use snack time as part of our activities. In holidays a packed lunch is required.
Transport:	Transport will be available to and from the holiday session if needed.
Siblings offer:	Siblings can attend the sessions if there are adequate spaces available.
Session cost:	Voluntary contribution
How to book:	Please email the service team
Contact details:	Email - serviceteam@iammain.org.uk Contact number – 01642 608012 Website - https://iammain.org.uk Facebook @WeAreMAIN
Club:	Adventures
Club overview:	Play therapy, soft play, sensory activities arts and crafts
Age range:	5 – 12 years old
When:	Takes place fortnightly on a Saturday 12:00noon – 4:00pm
Where:	Finlay Cooper Centre, Elizabeth Terrace, North Ormesby TS3 6EN
Staffing ratios available:	1:2 and 1:1
Personal care support available:	Yes
Hoist and change facilities available:	Yes
Snacks and drinks provision:	Children can bring their own, however, juice and snacks will be provided.
Session cost:	Voluntary contribution
How to book:	Please email the service team
Contact details:	Email - serviceteam@iammain.org.uk Contact number – 01642 608012 Website - https://iammain.org.uk Facebook @WeAreMAIN

MAIN

Club:	Explorers
Club overview:	Play therapy, soft play, sensory activities, arts and crafts
Age range:	12 years up to 18 years
When:	Takes place fortnightly on a Sunday 12:00noon – 4:00pm
Where:	Finlay Cooper Centre, Elizabeth Terrace, North Ormesby TS3 6EN
Staffing ratios available:	1:2 and 1:1
Personal care support available:	Yes
Hoist and change facilities available:	Yes
Snacks and drinks:	Children can bring their own, however, juice and snacks will be provided.
Session cost:	Voluntary contribution
How to book:	Please email the service team
Contact details:	Email - serviceteam@iammain.org.uk Contact number – 01642 608012 Website - https://iammain.org.uk Facebook @WeAreMAIN

Club:	Showstoppers
Club overview:	Drama, dance, acting, singing, musical theatre
Age range:	5 up to 18 years (club will be split into ability and interests)
When:	Tuesdays 5:30pm – 7:30pm every week
Where:	Finlay Cooper Centre, Elizabeth Terrace, North Ormesby TS3 6EN
Staffing ratios:	1:4/1:3/1:2 and 1:1
Personal care support available:	Yes
Hoist and change facilities available:	Yes
Snacks and drinks provision:	Children can bring their own, however, juice and snacks will be provided.
Session cost:	Voluntary contribution
How to book:	Please email the service team
Contact details:	Email - serviceteam@iammain.org.uk Contact number – 01642 608012 Website - https://iammain.org.uk Facebook @WeAreMAIN

MAIN

Club:	Teens & Tweens
Club overview:	All activities are agreed with by the children / young people. We have a range of activities such as messy play, arts and crafts the young people also choose an outside activity such as theatre, cinema, bowling, trampolining, escape rooms and much more.
Age range:	12 years up to 18 years
When:	Sessions are fortnightly on a Saturday 12:00noon – 4:00pm
Where:	Finlay Cooper Centre, Elizabeth Terrace, North Ormesby TS3 6EN
Staffing ratios:	1:4/1:3
Personal care support available:	Yes
Hoist and change facilities available:	Yes
Snacks and drinks provision:	Children can bring their own, however, juice and snacks will be provided.
Session cost:	Voluntary contribution
How to book:	Please email the service team
Contact details:	Email - serviceteam@iammain.org.uk Contact number – 01642 608012 Website - https://iammain.org.uk Facebook @WeAreMAIN

Club:	Youth Group
Club overview:	Play therapy, soft play, sensory activities arts and crafts
Age range:	5 - 12 years old
When:	Saturdays 9:00am – 11:00am every week Sundays 9:00am – 11:00am every week
Where:	Finlay Cooper Centre, Elizabeth Terrace, North Ormesby TS3 6EN
Staffing ratio:	1:4/1:3/1:2 and 1:1
Personal care support available:	Yes
Hoist and change facilities available:	Yes
Snacks and drinks provision:	Children can bring their own, however, juice and snacks will be provided.
Session cost:	Voluntary contribution
How to book:	Please email the service team
Contact details:	Email - serviceteam@iammain.org.uk Contact number – 01642 608012 Website - https://iammain.org.uk Facebook @WeAreMAIN



Club:	Holiday Fun Clubs
Club overview:	Play therapy, soft play, sensory activities arts and crafts
Age range:	5 years up to 18 years (Club will be split into smaller groups of ability and interest)
When:	Mondays, Tuesdays, Wednesdays, Thursdays and Fridays during school holidays Morning sessions - 9:00am – 1:00pm Afternoon sessions – 1:30pm – 5:30pm
Where:	Finlay Cooper Centre, Elizabeth Terrace, North Ormesby TS3 6EN
Staffing ratios:	1:4/1:3/1:2 and 1:1
Personal care support available:	Yes
Hoist and change facilities available:	Yes
Snacks and drinks provision:	Children can bring their own, however, juice and snacks will be provided.
Session cost:	Voluntary contribution
How to book:	Please email the service team
Contact details:	Email - serviceteam@iammain.org.uk Contact number – 01642 608012 Website - https://iammain.org.uk Facebook @WeAreMAIN



Club:	Multi-Sport Fun
Club overview:	A range of multi-sport and wellbeing activities which provide opportunities for individuals to improve fitness, gain new friends and enhance independence. Our sessions are fun, interactive and use a wide range of inclusive resources to offer a unique learning environment.
Age range:	5 years up to 18 years
When:	<u>Term Time</u> Mondays 4:30am – 6:30pm in Marske Thursdays 4:30pm – 6:30pm in Eston <u>School Holidays</u> Thursdays 10:00am – 3:00pm in Eston
Where:	The Marske Centre, 67-71 High Street, Marske, TS11 6JL Eston Leisure Centre, Normanby Road, Eston, Middlesbrough, TS6 9AE
Staffing ratios available:	1:3/1:4 1:1 support can be provided for higher levels of supervision and those with personal care needs. Additional information will be needed from parent carers and notice will be required to ensure they allocate the correct member of staff.
Personal care support available:	Yes, on request
Hoist and change facilities available:	Yes, available at both centres
Snacks and drinks provision:	Children and young people can bring snacks and drinks to the sessions. Children will need to bring a packed lunch during the holidays.
Sibling offer:	Siblings (without additional support needs or disabilities) may attend the session if they are aged 5 years and over. This must be requested when booking the session.
Session cost:	Term Time After School Clubs £2 Holiday Club £5
How to book:	https://bookwhen.com/sportworksne
Contact details:	Martyn.clark@sportworksltd.co.uk 0191 5800120 Facebook: SportWorksUK Instagram: SportWorks



Club:	The Junction Short Breaks
Club overview:	Fun filled sessions with arts and crafts, games, team building activities, cooking sessions
Age range:	5 years up to 18 years There is a younger group for children aged 5 – 11 years and an older group for young people aged 12 years up to 18 years.
When and where:	Saturdays 9:30am – 12:30pm at Guisborough Mondays after school during term time 4:30pm – 6:30pm at Lingdale Mondays in the holidays 9:30am – 2:30pm at Lingdale
Where:	Guisborough Youth Club, Laurence Jackson School, Church Lane, Guisborough TS14 6RD Lingdale Youth Club, High Street, Lingdale, TS12 3EP
Staffing ratios:	3:1 and 4:1
Personal care support available:	No
Hoist and change facilities available:	No
Snacks and drinks:	Lunch, snacks and drinks will be provided. Examples of our snacks and drinks; fruit wraps, hotdogs, crisps, juice, water.
Sibling offer:	We arrange sessions where siblings can attend, these are planned with the young carers team. We will notify parents when there is a sibling session available.
Session cost:	Free
How to book:	Please ring or email Alison or Tracy
Contact details:	Alison Pollitt Alison.pollitt@thejunctionfoundation.com 07508659441 Tracy Parry Tracy.parry@thejunctionfoundation.com 07738422281 The Junction's Office Number 01642 756000 Facebook – The Junction Foundation

PHOTO GALLERY

