

Holiday Activities & Food (HAF) Programme Redcar & Cleveland

Annual Report 2022/23









The Holiday Activities and Food (HAF) programme for Redcar and Cleveland was offered during 2022/23 to those children and young people in receipt of benefit related free school meals (FSM) and vulnerable young people.

The aims of the HAF programme were to encourage children and young people to:

- eat healthily over the school holidays;
- be active during the school holidays;
- take part in engaging and enriching activities which support the development of resilience, character and well-being along with their wider educational attainment;
- be safe and not socially isolated;
- have a greater knowledge of health and nutrition;
- be more engaged with school and other local services.

The HAF programme offered the equivalent of 6 weeks holiday provision for eligible children and young people during the specified holiday periods:

EASTER

At least 1 week, face to face, minimum 4 days.

SUMMER

At least 4 weeks, face to face, minimum 16 days.

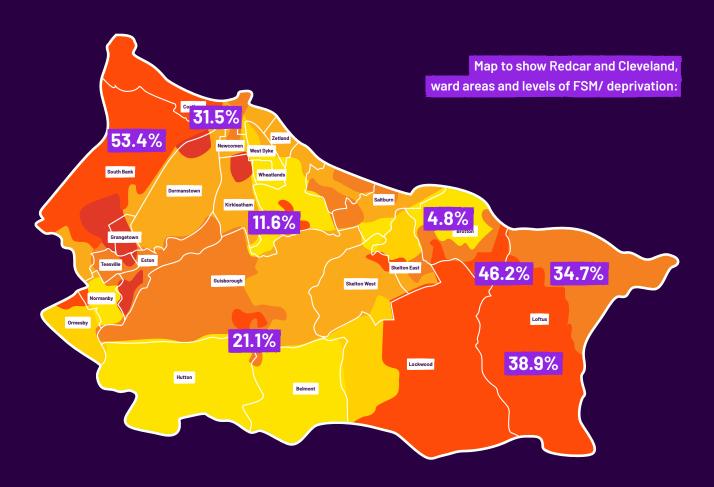
CHRISTMAS

At least 1 week of support, face to face, minimum 4 days



The programme offered provision to best serve the needs of children and families within the Redcar and Cleveland area, with a rich mix of provision catering for all, over a good geographical spread.

Redcar and Cleveland has high levels of deprivation and has some of the most deprived wards within the country. Mapping of the area indicated areas that were most in need of HAF provision, ensuring a good spread was needed and achieved across the area throughout the year.



Redcar and Cleveland HAF programme is managed by Public Health South Tees and since Summer 2022 has a dedicated team in place to develop and deliver the programme:

HAF Programme Manager: Karen Deen

HAF Coordinator: Lauren Flood

HAF Apprentice: Grace Hudson

HAF Steering Group established January 2023. The Steering Group currently consists of members from Public Health South Tees, Middlesbrough Voluntary Development Agency, You've Got This – South Tees, Culture and Tourism – Redcar and Cleveland Council, Middlesbrough Council – Voluntary Sector Liaison and Grants Team and Redcar and Eston School Sport Partnership.

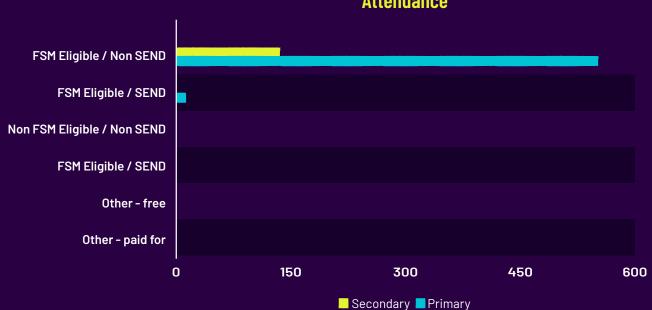
HIGHLIGHTS / KEY DATA

6,200 children and young people within Redcar and Cleveland were eligible for benefit related free school meals within 2022/23.

The HAF provision successfully achieved the following:







Age 14% 86% Secondary Primary

Out of the HAF funded attendees 86% were Primary and 14% Secondary.

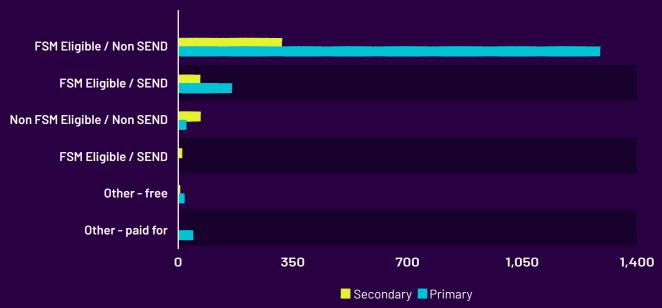
FSM Reach



The total number of FSM children and young people in Redcar and Cleveland in 2022 was 6,200, so the HAF project reached 11% of these eligible FSM children and young people in Easter 2022.

SUMMER 2022

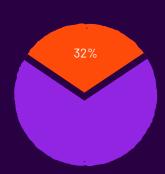




Age 29% 71% Secondary Primary

Out of the HAF funded attendees 71% were Primary and 29% Secondary.

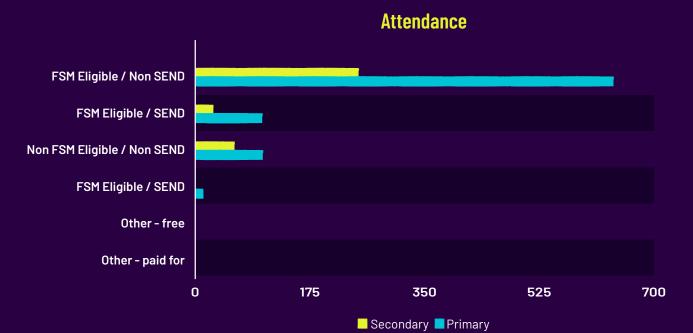
FSM Reach

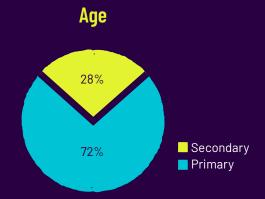


The total number of FSM children and young people in Redcar and Cleveland in 2022 was 6,200, so the HAF project reached 32% of these eligible FSM children and young people in Summer 2022.



CHRISTMAS 2022-





Out of the HAF funded attendees 72% were Primary and 28% Secondary.

FSM Reach



The total number of FSM children and young people in Redcar and Cleveland in 2022 was 6,200, so the HAF project reached 17% of these eligible FSM children and young people in Christmas 2022.





Redcar and Cleveland had the following number of providers delivering at each HAF delivery period:

EASTER 2022

SUMMER 2022

CHRISTMAS 2022

11

20

29

These providers were schools, charities, social enterprises, commercial companies, and other types of organisations.

All providers achieved their intended outcomes and delivered good quality HAF programmes to those children and young people who attended. Quality Assurance visits were carried out on each provider who delivered to ensure those children and young people who attended the HAF programme accessed quality provision in line with the DfE requirements.



Each provider who delivered a HAF programme at Easter, Summer and Christmas delivered a programme that offered a minimum of 60 minutes physical activity daily, a wide enrichment offer and a school standard nutritious meal.

Providers undertook mandatory training on school food standards and menu reviews were performed on each, where feedback and recommendations were given, to ensure each child received the best possible meal daily. External food caterers that provided food to those providers not registered as food businesses also undertook the same training.

Each provider delivered nutritional education to those attending and many provided the families with this information to take home. Children and young people developed cookery skills and participated in food workshops within their HAF clubs.

Each child also received a Pot Gang home growing kit at each provision, during each delivery period, to take home and grow vegetables with their families. Information on recipes and ideas for use were provided alongside these.

All providers who delivered HAF programmes within 2022 also ensured signposting and referrals were made for families and their children and young people where applicable. Information was targeted at specific areas within Redcar and Cleveland to link in with local priorities.

MARKETING & REACH

Since Summer 2022 Coordinate Sport, provides the booking platform for parents / carers to use to book their child onto available HAF provision. Providers upload their offer, and this is promoted via schools, organisations, council departments, providers, social media and the council website. This has increased reach and has allowed providers to use a secure system to manage their HAF provision.

The link for the booking system is

https://middlesbroughredcarcouncil.coordinate.cloud

KEY FINDINGS & CHALLENGES

Primary attendance was higher at each delivery period than secondary attendance, suggesting provision available for the secondary aged young people was not suitable or did not meet their needs. The programme needs to improve this element of the programme and ensure the right partners are involved.



SEND attendance was low overall – although did improve throughout the year. This area needs to improve and develop with the right partners, so all eligible children and young people can attend the HAF programme.



The Summer HAF programme had the greatest attendance, yet Christmas did not have the same reach. Many providers who delivered at summer were not available at Christmas, as they closed for the holiday season or venues closed – this was a big challenge. The programme being developed for 2023 needs to be mindful of this and work to ensure the offer available reflects that of other delivery periods.





Redcar and Cleveland were allocated £686,340.00 for 2022/23.

The following details the breakdown of the actual spend of the funding:

Expenditure Type	£
Administrative Expenditure (this includes all of the costs incurred carrying out the administrative functions of the HAF coordination within Redcar and Cleveland)	£68,634
Capital Expenditure (this includes any equipment purchased to support the programme that meets the definition for capital expenditure, as set out in the HAF guidance on gov.uk)	£998
Programme Expenditure (this includes all of the costs of providing free HAF places, including payments to providers and third parties for services provided)	£552,028
TOTAL EXPENDITURE (for 1 April 2022 to 31 March 2023)	£621,660



QUOTES

Best summer ever!

The food was great, so much variation.

We tried lots of new food.

Healthy food isn't bad after all!

We have loved cooking together and trying new foods.

My child was safe, happy and experiencing new opportunities – thank you!

I have done so much - I have absolutely loved it!

The Art project we did stayed in school for weeks!

I did some extra reading which I really enjoyed.

I held a spider - I don't like spiders, but I did it!

Thank you for the growing kit

– I am going to grow the
vegetables with my mum and
hopefully we can eat them.



Plans for the 2023/24 Redcar and Cleveland HAF Programme

- Continue to develop the HAF programme.
- Develop the SEND offer.
- Increase the number of eligible children and young people attending the HAF Programme.
- Develop and implement the programme of Young Inspectors that act as a voice of the children and young people within the programme.
- **Ensure the HAF programme addresses and supports the wider outcomes and priorities** within Redcar and Cleveland.
- Offer those children and young people not in receipt of FSM, but in need to support, places (free or paid) within the HAF programme.
- Plan for sustainability and ensure legacy of the programme.





