





# Redcar and Cleveland's Short Breaks Statement January 2023

## For Children and Young People with Disabilities and their Families







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## Introduction

Redcar and Cleveland Borough Council has a legal duty to provide access to Short Break services for parent carers of children and young people with disabilities living in Redcar and Cleveland. As part of this duty the Local Authority must produce a Short Breaks Service Statement. Our Statement details:

- The range of services on offer
- Eligibility criteria for accessing services
- How to access services
- How the range of services has been designed to meet the needs of local families

This Statement will be reviewed regularly, the most up to date version will be available on the Short Breaks for Children and Young with Disabilities web page on our website <u>www.redcar-</u> <u>cleveland.gov.uk.</u>





## What is a Short Break?

**Short Breaks** are available for children and young people with disabilities aged 0 - 25 years and are intended to have positive benefits for both children and young people and their parent carers.

They provide opportunities for children and young people:

- To spend time away from their parent carers;
- The chance to develop new friendships;
- To develop their independence;
- To take part in new experiences and to have fun doing positive activities such as swimming, youth clubs, days trips and much more.

Short Breaks aim to provide parent carers with:

- A necessary and valuable break from their caring responsibilities;
- A chance to rest and unwind;
- To spend time with other members of the family.

Short Break provision can range from a few hours a week to an allocated number of overnight breaks per year and anything in between.



## What is Redcar and Cleveland's Offer?

Redcar and Cleveland's Short Breaks Offer is provided under the 3 categories; Universal

Services, Self-Referral Clubs and Social Worker Referral Services.

#### Universal Services 0 – 25 years

The majority of parent carers are able to get a Short Break by using free or low cost local services. These services are not funded or commissioned by the Local Authority. Examples of these are; School clubs, Youth clubs, Scouts, Brownies and charity funded club provision.

Providers have a duty to make reasonable adjustments and must not treat a person with disabilities less favourably. Some universal services will offer sessions specifically for children and young people with additional needs. However, not all universal services will be suitable for everyone. It is advisable to contact the service to discuss your child's needs and what they can offer.

Universal services can be found on our SEND Local Offer Webpage <a href="http://www.peoplesinfonet.org.uk/">http://www.peoplesinfonet.org.uk/</a> or Facebook Page Redcar and Cleveland Local Offer

#### Self-Referral Clubs (see page 6) 5 years +

Our Self-referral clubs are regular clubs such as After School, Weekend Clubs and Holiday Clubs and are specifically for children with disabilities or additional support needs. These clubs are commissioned and funded by the Local Authority and are provided by our own staff and by specially selected organisations.

The clubs take place in and around the Borough providing children and young people with an opportunity to meet new people and try a wide range of activities such as Sports, Arts and Crafts, Swimming and Cooking. Some clubs will require families to make a small contribution to attend which will be used to fund activities and equipment.

The clubs are available for children and young people who have additional support needs that prevent them from attending mainstream provision. Families can book a place without the need for a social care referral or diagnosis.

#### Social Worker Referral Services (see page 7) 0 – 25 years

Sometimes a child or young person may have more significant or complex needs due to their disability and/or family circumstances and will need more specialist support. The level of support needed will be identified by a Social Worker Assessment and may include a mix of provision such as a personal assistant, overnight care in or away from the home, care in the home or in the community.

These services will be commissioned specifically for the child's/young person's needs or alternatively a family may choose to take a **Direct Payment** (see page 8 for more information) to arrange the services themselves.

## Self-Referral Clubs

Our **Self-Referral Clubs** offer will be renewed every 12-18 months. We do this because we want you and your child to be involved in the development of these services and we understand that families' needs may change and what we offer one year might not be what families want or need the following year. We will do this by circulating an annual survey to families to capture this valuable information. The clubs will then be refreshed to reflect what families need.

#### What Clubs are available?

We currently offer After School, Weekend and Holiday Clubs. Details of the current offer can be found on the Short Breaks for Children and Young People with Disabilities page on <u>www.redcar-cleveland.gov.uk</u> or you can request a copy of the offer by emailing <u>Shortbreaks@redcar-cleveland.gov.uk</u>. The offer is regularly shared with families on our Disability Register and with other key support agencies such as schools, SEND Family Voice, Short Break Organisations.

#### **Eligibility**

The Clubs are available for Redcar and Cleveland Children and Young People from 5 years up to 17 years (The Join Us Youth Service are able to support young people up to 19 years) who have a learning difficulty or disability or for those with additional support needs who cannot attend mainstream provision. Children and Young People do not need to have a diagnosed disability or be open social care to attend. Each club will undertake their own assessment and in conjunction with parent carers will determine if the club is suitable for the child or young person.

#### <u>Transport</u>

For the majority of clubs, parent carers are required to take children to and from the sessions. Where a club does provide transport, this will be stated in the offer document. If a child or young person would be unable to attend a club due to lack of transport, we may be able to provide support with this. Each case will be assessed on an individual basis. Families should discuss needs with the club in the first instance.

#### Sibling Offer

The majority of clubs will provide regular or dedicated sessions where siblings, who do not have a disability and are of a similar age can also attend the clubs. Please contact individual clubs about their sibling offer.

#### **Over 18s Social Opportunities/Clubs**

Due to needing to undertake financial assessments for young people aged 18 and over, we are unable to provide Self-Referral Clubs for this age group. There is, however, access to group activities available to those in the 18 – 25 age group via Universal Services or via a Social Worker Referral. A leaflet outlining what Universal Services are available for young people aged 18 years + is available on our Short Breaks for Children and Young People with Disabilities Webpage.

#### Activities for children under 5 years

We do not offer club provision for children under 5 years, this type of support would need to be provided by specialist organisations. There is, however, access to activities for children under 5 years via Universal Services and or via a Social Worker Referral. A leaflet outlining what Universal Services are available for children under 5 years is available on our Short Breaks for Children and Young People with Disabilities Webpage.

## **Social Worker Referral Services**

#### Children and Young People 0-17 years

Sometimes a child or young person may have more significant or complex needs due to their disability and/or family circumstances and will need more specialist support. The level of support needed will be identified by a Social Worker Assessment and will be considered by the Children with Disabilities Multi Agency Panel. The support provided may include a mix of specialist provision such as:

- A personal assistant
- Support in the family home
- Specialist group/club provision
- SEND nursery provision
- Overnight respite away from the family home

These services will be commissioned specifically for the child's/young person's needs or alternatively a family may choose to take a **Direct Payment** (see page 8 for more information) to arrange the services themselves.

A Directory of our Social Worker Referral Services is available on our Short Breaks for Children and Young People with Disabilities webpage at <u>www.redcar-cleveland.gov.uk</u> or you can request a copy by emailing shortbreaks@redcar-cleveland.gov.uk

#### Adult Services 18 years +

If a young person transitions into Adult Services, in addition to the services available on Short Breaks Framework, young people aged 18+ will also have access to many other services which are specifically commissioned for adults, if you have been allocated an Adults Social Worker, they will be able to discuss these options with you.

#### **Direct Payments**

If the Children with Disabilities Multi Agency Panel agrees, you may choose to have some or all of your care and support costs paid to you as a Direct Payment. A Direct Payment enables you to make decisions about the provision of care and support such as employing a personal assistant.

There are lots of advantages to employing someone to help with your child's care and support, but being an employer is a big responsibility and there are lots of things to consider.

'Our Guide to Employing a Personal Assistant' which is available at www.redcar-clevland.gov.uk, provides more information on what being an employer means. It explains what families need to consider and what their responsibilities would be.

If you are interested in a Direct Payment please discuss with your Social Worker.

Eligibility for Social Worker Referral Services			
	A child and family social work assessment must be carried out for this level of		
	support. The assessment will include a minimum of one home visit by an		
Birth up to 18	allocated social worker. Checks with health, education and care professionals		
years	involved with the child/young person and their family will also be undertaken.		
	Following the assessment, the social worker will work with the family to		
	identify a package of care and support to meet their individual needs.		

	All packages of support will be considered by the Children with Disabilities Multi-Agency Panel.
	For children with complex health needs, services may also be available via the North East Integrated Care Board. These services will follow a specialist health assessment, known as a <b>Decision Support Tool</b> (DST) which is not arranged by the council but can be discussed with a health professional
	and/or social worker involved with the family.
18 – 25 years	Eligibility is determined following an assessment of need under the Care Act 2014 which is completed by a Social Worker. If eligible for support, a financial assessment will be undertaken to determine the young person's ability to contribute to the service provision.

If you do not have a social worker but feel you need more support than what is available via Universal Services or Self-Referral Services, please ring:

If you are a parent/carer of someone aged	Contact Details
Birth up to 18 years	Redcar and Cleveland Multi Agency Children's Hub on 01642 130700 <u>RedcarMACH@redcar-cleveland.gov.uk</u>
18 – 25 years.	Adult Social Care Team 01642 065070

## **Max Cards**

Following feedback from families, we are pleased to confirm Max Cards are available for Redcar and Cleveland SEND Families. Families can use their Max Card at venues across the UK to get free or discounted admission. The scheme is designed to help families save money on great days out at castles, zoos, bowling and much more.

Cards can be requested by emailing Shortbreaks@redcar-cleveland.gov.uk

For more information, please visit our Max Card webpage on www.redcar-cleveland.gov.uk

## Short Breaks Offer

For more information on Redcar and Cleveland's Short Breaks Offer please visit:

www.redcar-cleveland.gov.uk

and search 'Short Breaks for Children and Young People with Disabilities'

Alternatively, you can email <a href="mailto:shortbreaks@redcar-cleveland.gov.uk">shortbreaks@redcar-cleveland.gov.uk</a>

## **RCBCs Children & Young People Disability Register**

Families who join the Disability Register and consent to being contacted by email will receive regular email updates. To join or find out more information about the Register please visit:

www.peoplesinfonet.org.uk

click on the orange tab on the right of the page 'Children and Young People's Disability Register'

## **SEND Local Offer**

<u>Website</u>

<u>Facebook</u>

Redcar and Cleveland Local Offer

www.peoplesinfonet.org.uk

Click on the tab: SEND Local Offer

## **Short Breaks Market Stall Event**

The Short Breaks Team held their second Short Breaks Market Stall Event for Parents and Carers on 8<sup>th</sup> July 2022. Parents and Carers had the opportunity to meet Universal Services and Short Break Club Providers. Some of the feedback from parents is below:

"Very informative drop-in session"

"These events are helpful especially for parents who feel isolated, hopeless and desperate" for support"

"Brilliant event, highly recommend for future"

"Really friendly people and very approachable, makes it easier"

We will aim to run a Market Stall Event every year ahead of the Summer Holidays.

## How has the range of Short Breaks been developed to meet parent carer needs?

Our Short Breaks offer is developed in response to the feedback received from children, young people, parent carers, providers and professionals.

We have sought feedback by:

- Obtaining children and young people's views from organisations who deliver Short Breaks
- Obtaining feedback from children and young people via the family questionnaire
- Obtaining feedback from parent carers via the family questionnaire
- Talking with parent carers on the phone, via email and at meetings/events
- Working closely with SEND Family Voice, Redcar and Cleveland (Parent Carer Forum) who have been involved in the commissioning of services and the development of the Short Breaks Offer
- Monitoring the demand for different services
- Meeting with current and potential providers of Short Breaks

Date of Consultation	Method of Consultation	Public or Targeted Consultation	Number of responses received
Summer 2018	Paper questionnaire	Public	48
November 2019	Online survey and paper questionnaire	Public	103
November 2019	Market stall event	Public	25 families attended the event
December 2020	Paper Questionnaire	Targeted – Questionnaires sent to families who had a current Short Breaks Social Worker Package of Support	17
March 2021	Online survey	Public	99

The following Short Break Consultations have taken place with families:

April 2022	Listening event with parent carers organised by SEND Family Voice	Public	5 families attended the session
July 2022	SEND Family Drop-in Event	Public	32 families attended the session
November 2022	Online survey to obtain feedback on the Max Card Pilot	Public	119
November 2022	Online survey to obtain feedback on Short Breaks Clubs	Public	At the time of publishing the statement this survey was still live.

An overview of some of the feedback received and how this has influenced the offer is outlined below:

#### Marketing and Publicity

#### What you told us

In 2020 (Targeted Survey – those with a social worker referral service)

- 70% said they were aware of the Short Breaks Offer
- 24% said they knew a little about the Short Breaks Offer
- 6% said they didn't know about Short Breaks Offer

In 2021 (Public Survey)

- 44% of respondents told us they knew about the Short Breaks Offer
- 56% of respondents told us they didn't know about the Short Breaks Offer

The above feedback clearly highlighted better methods of marketing and publicity is needed to ensure families are aware of the Short Breaks Offer.

#### What we did

We created a dedicated Short Breaks for Children and Young People with Disabilities webpage on <u>www.redcar-cleveland.gov.uk</u> which is regularly updated.

A Short Breaks email account has been set up Shortbreaks@redcar-cleveland.gov.uk. The Short Breaks Team regularly email families (500+) who are on the RCBC Disability Register.

The Short Breaks Team and Local Offer Team have encouraged new families to sign up to the Disability Register. Between January 2022 and November 2022 there are now 153 additional families signed up to receive email communication from the Short Breaks Team.

A Directory of Social Worker Referral Services has been created and is available on the Short Breaks webpage.

Short Breaks information is regularly shared with key contacts such as SEND Family Voice, Redcar and Cleveland (Parent Carer Forum), Schools, Colleges, School Nursing and Health Visiting, Portage, Social Care, Youth Service, CAMHS and other professionals.

#### Self-Referral Clubs

#### What you told us

In 2019 (Public Survey) families were given a list of clubs and asked to select their top 3 choices. The clubs most requested by families were:

- Holiday Club 4/5 hours
- Day trips
- Weekend Groups
- Evening groups such as after school groups and youth clubs

#### What we did

At the time the survey was completed the clubs available to families were Holiday and After School Clubs. Following the feedback, we incorporated weekend clubs and days trips (as part of the holiday club) into the offer.

#### What you told us

In 2019 (Public Survey) families were asked if they would find it beneficial to attend sessions with siblings (who do not have a learning disability or difficulty). The responses were:

- 12% Yes, regularly
- 43% Yes, occasionally
- 24% No
- 21% Not applicable

#### What we did

At the time the survey was completed only one club offered places to siblings. Following the feedback from families, most clubs now have a siblings offer. Some clubs have a number of sibling places at each session and some offer dedicated sibling sessions.

#### Self-Referral Clubs

#### What you told us

In 2021 (Public Survey) families requested the weekend provision was available all year not just during term time.

#### What we did

We have implemented this change, from September 2021 our weekend club will run all year.

#### What you told us

In 2019 (Public Survey) families highlighted that transport could be a barrier to children and young people accessing clubs.

#### What we did

Transport can be an expensive resource and if this was put in place for all clubs this would have a significant impact on the number of clubs we are able to offer to families.

We have worked hard to ensure there is a spread of provision around the Borough giving more families access to services without the need for transport.

Where transport is a genuine barrier to a child accessing a club, we will consider each request for transport on an individual basis. If a family wishes to apply for transport, they can discuss needs with the Clubs.

#### What you told us

Comment from a parent "Who would see to medication whilst he was out?"

#### What we did

Since 2019 it has been a requirement that all Short Break Clubs have a member of staff present who is trained to administer medication (level 3).

If your child requires medication while attending sessions, please speak to the Club Leader about how this will be managed.

In the 2021 survey we asked parents and carers what did they think or their child think is the best thing about our Short Breaks Club Offer:

"Being able to be a in safe, friendly, familiar environment with staff who are aware of children's needs".

Self-Referral Clubs

"Something to look forward too, sports especially".

*"If he could tell you, he would probably say he likes the 1:1 support and familiar faces every time he attends".* 

"Gives us both a break from each other"

"It gives us a little respite plus it has increased his confidence".

#### Social Worker Referral Services

#### What families told us

In 2019 (public survey) families reported there were not enough local services to meet their needs.

#### What we did

We are working hard to encourage new quality providers to join our Short Breaks Framework.

Providers interested in offering a Short Break must go through a procurement exercise and several quality checks including evidencing their last Ofsted or Care Quality Commission (CQC) inspection was rated 'Good' or above. We aim to add new providers to the offer every 3 months.

In 2019 we had 6 organisations contracted to provide Social Worker Referral Short Breaks. In November 2022, the number of organisations has increased to 17,

More information on these providers can be found in the Social Worker Referral Directory for Families and Professionals, please email <u>Shortbreaks@redcar-cleveland.gov.uk</u> to request a copy or visit our the Short Breaks webpage at www.redcar-cleveland.gov.uk.

#### What families told us

In 2020 (targeted survey of those families with a social care package of support) we asked families if there was anything we could do to improve social worker referral services, some of the comments highlighted a need for venues for children to attend with their workers:

"Make rooms available for PAs to use in bad weather. Outdoors in the cold and wet is not good for the children".

*"Make the free space within your many buildings available to the PA. So they can give the children shelter".* 

#### What we did

Since January 2020 we have offered children and their PA workers the use of Family Hubs/Youth Centres. Prior to each school holiday a poster advertising venue availability is created and shared with families and social workers.

#### Max Card – Activity Discount Card

#### What families told us

In various consultations families have asked about Max Cards as these were previously offered by Redcar and Cleveland's Family Information Service. Due to mixed reviews by our families on the benefits of the cards, rather than offer on a permanent basis we decided to run pilot with families between September 2021 and February 2022. We obtained feedback from families on the benefits of the cards in October 2022, some of the feedback is outlined below:

"Allowed us entry to attractions that we were reluctant to pay to enter in case we had to leave to due our child not coping. We could spend as little or as long as we wanted. Also, we were able to skip queuing, something my child really struggles with."

"The max card helped us to have some lovely days out over the summer at York Museum, Castle Howard and light water valley. Thank you"

*"It's been incredibly valuable and helpful. When taking my daughter out places thank you so much for this card."* 

"We've enjoyed lots of family days out at amazing attractions, which normally, we couldn't have afforded. Our daughter's condition makes holidays impossible therefore on the days she's well we try to have a day out, especially in the school holidays. Maxcard meant we were able to have more varied and exciting experiences and build memories."

#### What we did

Following the positive feedback from families, we have reintroduced Max Cards for our SEND Families. Families of children and young people with disabilities aged 0-25 years, can request a card by emailing <u>shortbreaks@redcar-cleveland.gov.uk</u>. Families must provide evidence of SEND status. More information can be found on our Max Card Webpage on <u>www.redcar-cleveland.gov.uk</u> or by emailing <u>shortbreaks@redcar-cleveland.gov.uk</u>.

## How can I feedback on Redcar and Cleveland's Short Breaks Offer?

We welcome all feedback on our Short Breaks Offer and our Statement, we need to know what we are doing well and what could be improved.

Feedback can be sent to us in several ways:

A.	By completing an Annual Short Breaks Survey
Good	2022s survey was shared in November 2022 and will close for
Avera	responses on 15 <sup>th</sup> December 2022. The survey will be issued on an
Poor	annual basis.
	By Email
$\sim$	Please email your comments, compliments and/or concerns to:
	Shortbreaks@redcar-cleveland.gov.uk
1 0 1 0	Talk to us
	Please feel free to share your feedback with:
Tra I	Your Social Worker
0 1 0 1	Your Short Breaks Provider
	Children and Young People Evaluation of Services
	A Young Inspectors Group has recently been formed to ensure
	children and young people have a voice in the design and evaluation
	of SEND services including Short Breaks. The group are currently
$\sim$	receiving training and support from the SEND Youth Service and
	already planning their first inspections. For more information please
	contact Terry Colley on 01642 513696.
	$\frac{1}{2} = \frac{1}{2} = \frac{1}$
	In addition, organisations who deliver our Short Breaks will continually
	involve Children and Young People in the development of their
	service.



### **Useful Contacts**

Contact	Description	Contact Details
Adults Social Care Team	The Single Point of Access is the first point of contact for anyone who has a concern about the welfare or safety of vulnerable person or thinks they may need extra help and support.	01642 065070
Carers Together	For some people, becoming a carer may be a gradual process, for others it may happen overnight. Whatever the circumstances, it is important that carers are recognised and supported. If you need help, support or information contact Carers Together to talk confidentially to someone who understands your situation. Carers together can help parent carers	https://carerstogether.co.uk/ 01642 488977 info@carerstogether-rc.org.uk
Children and Young People's Advocacy Service	complete DLA applications. Redcar and Cleveland's Advocacy Service is provided by the National Youth Advocacy Service (NYAS) NYAS advocates can support and listen to you if you feel your wishes and feelings are not being heard by your social workers, carers or anyone else involved in decisions about your care and welfare.	0808 808 1001 help@nyas.net; https://youngpeople.nyas.net/

Early Vacro SEND	The Early Veero SEND Team support	Jane Todd
Early Years SEND	The Early Years SEND Team support	Jane Todu
ream	young children with Special Educational Needs and Disabilities from birth to school	01642 770810
	age. They help by providing support for	jane.todd@redcar-
	the early identification of children with	<u>cleveland.gov.uk</u>
	special needs giving advice to registered	
	settings on suitable play equipment, support with curriculum activities to	
	promote inclusive practice and supporting	
	children attending Specialist provision.	
	Additionally their work includes offering	
	Home Visits, Individual Teaching	
	Programmes, Family Portage Groups and	
	delivery of the National Autistic Society	
	Early Bird Parenting Programme. They	
	also offer key working which helps parents	
	become more actively involved in making	
	decisions and helps to coordinate the	
	services around the child.	
Family Information	The Families' Information Service (FIS) is	FIS@redcar-
Service	a universal service; it provides a	cleveland.gov.uk
	Freephone helpline to <b>all</b> families in	
	Redcar and Cleveland looking for	www.peoplesinfonet.org.uk
	services for their children.	0800 073 8800
		0800 073 8800
	As well as the helpline, the FIS team	
	maintains the People's Information	
	Network (PIN) this is a website providing	
	information about activities and events	
	available to families across the Borough	
Dedeererd	including the Local Offer.	01642 120700
Redcar and Cleveland Multi	The Multi Agency Children's Hub is the	01642 130700
Agency Children's	first point of contact for anyone who has a concern about the welfare or safety of a	Between 8:30am – 5:00pm
Hub (MACH)	child or young person or thinks they may	Monday – Thursday and
	need extra help and support.	8:30am – 4:30pm on a Friday
		RedcarMACH@redcar-
		cleveland.gov.uk

SEND Family Voice, Redcar and Cleveland (Parent Carer Forum)	The way parent carers work with professionals is by forming groups called parent carer forums. A parent carer forum is a group of parents and carers of disabled children. Their aim is to make sure the services in their area meet the	infosendfamilyvoicerc@gmail.com www.sendfamilyvoicerc.co.uk Facebook – SEND Family Voice, Redcar & Cleveland
	needs of disabled children and their families. They do this by gathering the views of	
	local families and then working in partnership with local authorities, education settings, health providers and other providers to highlight where local services, processes and commissioners	
	are working well, or challenge when changes or improvements need to be made.	
SENDIAS Service – Information Advice and	South Tees SENDiass, offer free impartial, confidential information and advice for children and young people aged 0-25 and their parents and carers where a child or	01642 300774 extension 225 southtesssendiass@barnardos.org.uk
Support Service for Children and Young People with SEND	young person has or may have special educational needs or disability.	Facebook – South Tees Sendiass
SEND Team	The SEND team support school, parents and carers of children with Special Educational Needs to ensure that all are able to access the education they deserve according to their statutory rights.	SEN@redcar- cleveland.gov.uk
We Care You Care	We Care You Care is designed to collate information, advice and self-signposting for carers in Middlesbrough and Redcar	https://wecareyoucare.info/ Hello@wecareyoucare.info
	and Cleveland (covering Brotton, Guisborough, the Greater Eston part of Middlesbrough, Loftus, Saltburn, and Skelton).	

## **Statement Reviews/Updates**

The Statement will be regularly reviewed and updated.

Date	Author	Who contributed to this version?	Change Description	Document Review Date
January 2020	Children's Commissioning (BD)	Parent carers, Redcar and Cleveland's Parent/Carer Forum, Relevant LA Officers, Short Break Providers	New Statement Created	January 2021
June 2021	Childrens Commissioning (BD)	RCBC Children's Commissioning. Baysdale Respite Centre, RCBC Service Improvement and Participation Officer, SEN, Children with Disabilities Social Care, Parent Carer Forum	Annual update, changes made in the following sections: Self-Referral Clubs, Social Worker Referral Services, Where can I find more info, How has the range of Short Breaks been developed, How to feedback, Useful contacts, Updated images.	June 2022
January 2023	Childrens Commissioning (BD)	RCBC Children's Commissioning/Short Breaks and parent carers.	Annual update, changes made in all sections and images updated.	January 2024

This document is available in alternative formats and in different languages on request. If you need support or assistance to help you read and/or understand this document, please contact the Redcar and Cleveland Borough Council on 01642 774774.