



## Activities for Children aged 0-5 Years with Additional Needs and/or Disabilities

### Version 3 - December 2022

The organisations and activities listed in this leaflet are for information only to support families to identify activities in and around the Borough for children aged 0-5 years with additional needs and/or disabilities.

**Please note** - The organisations and activities are not endorsed by Redcar and Cleveland Borough Council.

Organisation	Information	Contact Details
<b>My Time to Play</b>  Thorntree Hub, Birkhall Road, Middlesbrough, TS3 9JW	Free programme for children aged 0-4 with a vision impairment and their families/carers.  Starting on 3 <sup>rd</sup> November 2022, 10am – 12noon.	Sign up via: 0800 781 1444  children@guidedogs.org.uk
<b>Mini Monsterz</b> Additional Needs Play Session  Mini Monsterz The Carrs Ruswarp Whitby North Yorkshire YO21 1RL	Mini Monsterz are running a new play session for children with SEND. The sessions will take place on the first Sunday of each month at 3:45pm-5:45pm.  Mini Monsterz is a huge indoor play area, and a fantastic party venue, with some of the biggest slides in North Yorkshire.  We offer unlimited play time, that means that unlike other places, you pay a one-off price and stay as long as you want. Designed for all ages, it is the ideal way to spend a day.	01947 821106  Whitby@MiniMonsterz.co.uk  <a href="https://minimonsterz.co.uk/">https://minimonsterz.co.uk/</a>



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<p><b>The Playground</b></p> <p>The Playground Pavilion Shopping Centre Thornaby Stockton-on-Tees TS17 9FF</p>	<p>The Playground in Thornaby hosting sessions for children with additional needs on Thursday evenings 3:30pm-6pm and Sunday mornings 9:30am-12pm. Available for under 5s.</p> <p>They also have a sensory room which is available for private hire for £15 per hour (must be booked in advance).</p>	<p>01642 765740</p> <p>Facebook The Playground</p>
<p><b>NEAS</b></p> <p><u>Billingham</u> The group meet every Tuesday, from 1.00-2.30pm Billingham Family Hub, Ochil Terrace Stockton TS23 2QL</p> <p><u>Thornaby</u> The group meet every Tuesday, from 10:00-11.30am Thornaby Family Hub, 5 Tedder Ave, Thornaby, Stockton-on-Tees TS17 9JP</p>	<p>Toddler Groups</p> <p>This is a FREE service for parents/carers of children pre, during or post diagnosis of autism.</p> <p>These groups are intended to bring support advice and information on other services available at a time of great need. Trained autism practitioners will deliver sessions that aim to:</p> <ul style="list-style-type: none"> <li>• Provide a safe place where parents can spend time with other parents who are in similar situation.</li> <li>• Provide information, advice and signposting in relation to parents and their child's needs.</li> <li>• Provide a space where children are able to have fun, engaging in activities which are meaningful and positive.</li> </ul> <p><u>Billingham</u> The group meet every Tuesday, from 1.00-2.30pm Billingham Family Hub, Ochil Terrace Stockton TS232QL</p> <p><u>Thornaby</u> The group meet every Tuesday, from 10:00-11.30am Thornaby Family Hub, 5 Tedder Ave, Thornaby, Stockton-on-Tees TS17 9JP</p>	<p>0191 410 9974</p> <p><a href="https://www.ne-as.org.uk/toddlergroup">https://www.ne-as.org.uk/toddlergroup</a></p> <p>kerrie.highcock@ne-as.org.uk</p>



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<p><b>Senses Wellbeing CIC</b></p> <p>Unit 2 Birdswell Court Watness Avenue Skelton Industrial Estate Skelton TS12 2LL</p>	<p>Inclusive toddler session. Mondays 10-11am and Thursdays 10.15-11.15am, £3 per child £1 additional siblings. Pre school/over 6 months. Max 10 children for a calm sensory play.</p> <p>Our venue is accessible, achievable and affordable allowing our community to come together to raise hearts and spirits. The Wellbeing Centre will host a full timetable of fitness sessions for everyone. We will welcome adults, children, active seniors, anyone with Special Educational Needs, Additional Needs, Disability and seated sessions that are dementia friendly. We are specifically targeting our audience to encourage every age and ability. Family fitness sessions eliminating cost of childcare and inspiring behaviour breeding behaviour.</p> <p>Multi – Sensory Space We have, through amazing community support, successfully created a Sensory Play environment in our huge multi-use main hall. Now sensory lighting, projector, black out tents, sensory equipment and toys can be used for 1 hour sessions. These timed sessions can be hired for exclusive use, a support bubble, or (when times are safer) a shared experience. We can offer SEN adults/children and their family members/siblings and support workers sessions such as monthly disco’s. We will host themed events and SEN parties as well as private sessions like glow in the dark family fitness.</p>	<p><a href="http://www.senseswellbeingcentre.co.uk">www.senseswellbeingcentre.co.uk</a></p> <p>01287 650151 07794571933</p> <p><a href="mailto:karen@senseswellbeingcentre.co.uk">karen@senseswellbeingcentre.co.uk</a></p> <p>Facebook – Senses Wellbeing Centre CIC</p>
<p><b>Skelton Family Hub</b></p> <p>De-Brus Centre Marske Lane Skelton TS12 2HA</p>	<p>Coming Soon Skelton Family Hub Fun &amp; Creative Activities for ages 0-5 years</p> <p>Pre-school activities:</p> <ul style="list-style-type: none"> <li>• Storytelling</li> <li>• Face Painting</li> <li>• Arts &amp; Crafts</li> <li>• Bernie Bear appearance</li> </ul>	<p>01287 626158</p>



Organisation	Information	Contact Details
<p><b>Stay &amp; Play at Zoe's Place</b></p> <p>Zoe's Place Baby Hospice Crossbeck House High Street Normanby Middlesbrough TS6 9DA</p>	<p>The first Monday of every month (except April) 9:30am – 11am, Zoe's Place Baby Hospice is holding a 'Stay and Play' session for children under 6 years who have complex or additional needs.</p> <p><u>Sessions include:</u> Activities to support your child's development Sensory Stimulation Music Therapy</p> <p>Our nurses will also be on hand to answer any questions or help with any information on the service we offer</p>	<p>Lisa/Katherine on 01642 457985</p> <p><a href="https://www.zoes-place.org.uk">https://www.zoes-place.org.uk</a></p>
<p><b>The Play Factory</b> Additional Needs Sessions</p> <p>The Play Factory Skelton Industrial Estate Skelton-in-Cleveland Saltburn-by-the-Sea TS12 2LQ</p>	<p>Exclusive to children with additional needs aged 3 and over, our Monday evening sessions are held 5.30pm - 7pm and are perfect for those who otherwise might find the hustle and bustle of a play centre during normal play hours a little bit too much.</p> <p>Parents also have the opportunity to socialise with and seek advice from other parents with similar experiences, safe in the knowledge that the children are able to enjoy the facilities exclusively.</p> <p>The cost is £5.00 per child and siblings are welcome to come along too.</p>	<p>01287 659196</p> <p>info@theplayfactory.net</p>
<p><b>World of Play</b> SEN Session</p> <p>Unit 4 West Coatham Lane Redcar TS10 5QA</p>	<p>9.00am – 11.00am / 1st and 3rd Sunday Mornings each month.</p> <p>Come and enjoy World of Play when it's much calmer and quieter at our weekly SEN sessions.</p> <p>This time is exclusively for children with disabilities and their family &amp; friends. Full use of all our facilities is available in addition to sensory and arts &amp; crafts activities.</p>	<p>01642 756800</p> <p>info@worldofplaylimited.co.uk</p> <p>www.worldofplaylimited.co.uk/</p>



Organisation	Information	Contact Details
<b>MAIN</b> Autism Specific Parent & Toddler Group  The Finlay Cooper Centre Elizabeth Terrace North Ormesby TS3 6EN	10:00am – 11:30am Friday's during term time starting 13 <sup>th</sup> January 2023.  We want to encourage and support our parents on their journey of discovery, please join us for a cuppa and a chat, sharing stories and offering advice and support	01642 608012

This document has been produced by Redcar and Cleveland's Short Breaks Team, for any updates please email [Shortbreaks@redcar-cleveland.gov.uk](mailto:Shortbreaks@redcar-cleveland.gov.uk)

For more information on the activities or organisations listed please contact the services directly.

The most up to date version of this document will be on the Short Breaks webpage [www.redcar-cleveland.gov.uk](http://www.redcar-cleveland.gov.uk) search 'Short Breaks for Carers'

For other information and advice about services for children and young people with special educational needs and/or disabilities please visit our SEND Local Offer by clicking on the link [Peoples Information Network | SEN and Disability \(peoplesinfont.org.uk\)](http://PeoplesInformationNetwork|SENandDisability.peoplesinfont.org.uk) or by visiting [www.peoplesinfont.org.uk](http://www.peoplesinfont.org.uk)