



Short Breaks

Our inclusive Short Breaks programme, designed for children and young people with a disability, is packed full of sport, games and fun activities to provide your child with the ultimate healthy, fun and safe experience. All sessions run on a staffing ratio of 1:4/1:3.


School Holiday Programme Non Term Time

- **Thursdays @ Grangetown FC Hub
10.00-3.00**
- **Cost : £5 per session**
- **Booking is essential**



Inclusive activities include

 Multi-sport

 Arts and Crafts

 Fun Games

 Dance

 Gymnastics

To book contact:

jasmine.morris@sportworksltd.co.uk

More information about Short Breaks can be found at

www.sportworksltd.co.uk

